

## Melksham Health and Wellbeing Meeting Notes

Tue 6<sup>th</sup> June 9.30am

### Apologies:

Rebecca Seymour (Celebrating Age)  
David Walker (Carers Champion)  
Ashley Harris (Carer Support Wiltshire)  
Frances Webb (Care Home Volunteers)

### In attendance:

Richard Rogers	Strategic Engagement & Partnership Manager	Sasko Spirovski	PCN, Development & Wellbeing Team
Chris Pickett	The Mens Shed	Emma Cade	Prevention & Wellbeing Team
Amanda Brooks	Melksham & Bradford PCN	Teresa Strange	Melksham Without PC
John Grouer	Melksham Without PC	Wendy Barker	Libraries
Nick Holder	Wiltshire Councillor	Kate Brooks	Age UK
Sarah Thomson	Age UK Community Support 2.0		

### 1. Notes from last meeting

- NH requested that on behalf of the Area Board and health and wellbeing group, thanks be recorded to David Walker who has after 2 years stepped down as carers champion. David has worked hard to raise the profile and support for carers and has supported many of the activities run during that time.
- Action from previous meeting

What	Who	Outcome
Some partners not receiving communications about future Celebrating Age events	Rebecca Seymour	spoke to Lucy, our projects assistant, after the meeting and gave her everyone at the meeting's details to ensure you were all on the Melksham mailing list, so you should be receiving event info now
Nick Holder to ask relevant personnel in Wiltshire council if any of the 2% uplift for local social care raised from council tax was earmarked for carers.	Nick Holder	None of the 2% uplift is earmarked for carers. It all goes to social care
David to talk to Chris Pickett to see if Men's Shed could provide furniture/ accessories for the sensory garden (if it goes ahead)	David Walker	Chris Pickett reported that this conversation had occurred and the Men's shed can help in any way that is required as long as no special health and safety measures are required.

Speak to Wiltshire comms team about advertising of warm spaces	Richard Rogers	Whilst warm spaces were promoted, it happened in a low-key way. There is a balancing act between making potential users aware these exist whilst not drawing attention to those who use them.
Talk to Melksham news about a regular article space	Teresa Strange	Meksham News are happy to receive any articles to put in.

## 2. Older and vulnerable adults including

- To hear about the progress made by Melksham Community Support

Sarah Thomson started yesterday and was introduced as the Community Support 2.0 worker in Melksham. She will visit people in their homes, particularly those who are isolated and need support. This could be to offer information, advice, finance, social opportunities, or anything else.

There is a need to identify where help is most required, and the role will develop over time. The call handlers from Melksham Community Support are still operating and linking with these will be part of the initial work of Sarah.

The quarterly report will be brought to this H&WB mtg for information and discussion particularly as there is a need to link into the support and work other services can offer.

In an emergency MWPC and MTC will take control and link into the local resilience work. This might be in response to severe power outage, flooding, etc. The emergency response was trialled locally and was successful. It is planned to run the exercise again in Whitley and filmed to be used to train other areas.

How to link GP surgeries with this additional support? – There is a GDPR issue, but this is not such a problem once the patient has requested support and referrals are possible.

It was recognised that there is a need to work on clarity around signposting. We do not want to duplicate but do not want to miss someone out. There is a need to map out how it all works together and learn as the project develops.

There was seed core funding from the Area Board with most funding coming from MWPC and MTC. Hence the area of where the work operates is within their two parishes. Some discussion will be required if someone phones from outside those 2 parishes but from within Melksham Community area.

MWPC have a grant of £8.5k which was for a leaflet drop with help number and fridge magnets with number to call. Once there is clarity regarding what number to advertise the leafleting will be carried out

BT are also digitising all their networks so this may affect all those who do not have mobile phones.

- **Age Friendly Melksham**

Age Friendly Melksham has now folded, and the funding is being passed to Age UK. They will carry on the work of creating an age friendly community. Thanks was offered to Chris Pickett and his colleagues for their hard work.

### **3. Carers**

- The Farm Cookery School in Bromham session provided much needed respite for young carers from the town and enabled them to come together and complete a fun activity together. In addition, under the tuition of the fabulous staff at Farm Cookery School the young carers learned some new cookery skills which we hope they can take home to their families.
- Melksham Carer Festival
  - Tuesday 6<sup>th</sup> June – Afternoon tea for carers at Gifford Surgery
  - Friday 4pm to 7pm – 18 stands at the carers showcase taking place inside the Assembly Hall and on the pavement outside the Town Council. In addition there will be crafts, Grandma & the Lion and free refreshments
  - Friday 4.30pm to 6.30pm – Activities at the Campus for young carers and their families.

### **4. Melksham and Bradford on Avon Primary Care Network and Wellbeing Team –**

- Melksham is a pathfinder site for the BSW Collaborative Network consisting of different agencies that will work together to tackle health issues where co-production is required. A cohort of 154 people have been selected to try and reduce falls. Those in the cohort are over 65, prescribed 10 or more medications and have a carer. The agencies will work together to produce a toolkit and interventions in around 12 months time. The Area Board is committed to supporting this work.
- PCN contract – The indicators have been changed and reduced and access and capacity is now the biggest area that improvement is looked for. The surgeries can no longer say that there is not capacity and a plan needs to be put in place to address improvements including the web site, the phone system, equal offer no matter how contact is made, better access to patients own records, appointments within 2 weeks and so on. There are huge questions about how this will work and the PCN funding. Each surgery changed 4 years ago to issuing their own contracts but now staff and contracts need to be aligned to 3 practices. Giffords is at full capacity in staff but Spar are 2 doctors down.
- There is also a requirement to focus on inequalities and a Doctor has taken the lead on this. The top 10 users of services are also being identified and they will be supported to see how this dependency might be reduced and if any interventions are required.

- Estates management – Greater clarity has now been reached on what is required by the surgeries in regards to the NHS estate. It is opportune to discuss the estate management and the separate issue of the hospital again.

**ACTION - Richard – Set up meeting with estates team**

**5. Updates on Cost of living situation (All)**

- AGE UK – enquiries have gone up considerably. Also Surviving winter grants are available. Some of the support organisations such as those who offer debt advice have more people than they can cope with and have had to close to new referrals.
- Foodbank – They have asked for the surgery not to refer people there as they feel the foodbank is being abused. The group felt that there must be a better solution.

**ACTION** – To consider how to coordinate food support with the foodbank, community larder and financial support. (Area Board)

**6. Funding situation**

- The Area Board has a new budget of £7,700 available to support older and vulnerable people in the Melksham area.
- This may be helpful in supporting some of the projects and work discussed in the meeting.
- If anyone is interested in applying for funding, speak to Richard Rogers

**7. AOB**

- Nick Holder announced that he will step down as chair of the Health and Wellbeing group. He thanked the members for their support and expressed his proud of what has been achieved. A replacement will be selected at the Area Board meeting on June 14<sup>th</sup>

- 8. Date of next meeting** – This will be set for late September. Contact Richard Rogers to add anything onto the agenda.